



Barron County



“Connections for Better Living”

Resource Directory January 2011

330 E. LaSalle Avenue, Room 100
Barron, WI 54812-1572
www.adrcconnections.org

Phone: (715) 537-6225
Toll-free: (888) 538-3031
Fax: (715) 537-6842
Email: adrc@co.barron.wi.us

Aging & Disability Resource Center	537-6225
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Staff

Information & Assistance Specialist
 Information & Assistance Specialist
 Disability Benefits Specialist
 Elderly Benefits Specialist
 Elderly Benefits Specialist
 Resource Specialist
 ADRC Supervisor
 Community Services Supervisor
 Nutrition Program Mngr./Dietitian
 Home-Delivered Meals Coordinator
 Loan Closet
 Receptionist
 Secretary
 Fiscal/Office Assistant
 Director

Sue Bemis
 Heidi Rubenzer
 Gretchen Cramer
 Kim Gogan
 Mary Simpson
 Trisha Bailkey
 Tonya Eichelt
 Gloria Vaughn
 Leslie Fijalkiewicz
 Joanne Gensing
 Leona Shuda
 Kim Grover
 Caryn Becker
 Terri Mikyska
 Charlene Oftedahl

Veteran's Service Office	537-6290
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Staff

Veterans Service Officer
 Assistant Veterans Service Officer

Scott Bachowski
 Dawn Anderson

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What is an ADRC?

The Aging and Disability Resource Center (ADRC) is a public office where people can find help in their communities for older people and adults with disabilities, as well as their families and friends. Our staff is available to answer your questions and help you explore all of your options. Free, private, confidential meetings with our staff are available at the resource center, over the telephone, or in a visit to your home. Call **715-537-6225** or **1-888-538-3031**.

You can get connected to:

- **Benefits counseling** – Accurate and current information on private and government benefits and programs. “Red tape cutters” on problems related to Medicare, Social Security, and other benefits.
- **Equipment loan closet** – Short term rental of commodes, bath benches, walkers, wheelchairs, etc. \$10.55 each for three months.
- **Family caregiver services** – Consultation with individuals and families, support group, respite programs, Daybreak adult day care, educational materials.
- **Incontinence supplies** – Available to people 60 and older at reduced prices.
- **Information and connections** – Answers to questions and assistance in locating needed help.
- **Informational lending library** – Books, CDs, tapes, pamphlets, brochures.
- **Liquid nutritional supplements** – Available at reduced prices to people 60 years and older who have a doctor’s prescription for the products.
- **Long-term care options counseling** – Consultation and advice about the options available to meet an individual’s long-term care needs, including enrollment into managed care benefits (Family Care and IRIS).
- **Meals-on-Wheels** – Meals are delivered to homebound seniors; volunteers also check on well-being of seniors. Suggested donation: \$3.75.
- **Medicare/supplemental insurance counseling** – Help seniors with filing claims, solving claim errors, appealing decisions, and understanding and comparing supplemental health insurance policies.
- **Memory care connections** – Support for spouses caring for a loved one with Alzheimer’s disease at home.
- **Private-pay caregiver hiring** – Families needing to hire a caregiver can review job applications completed by caregivers seeking work. Families use their private funds to directly pay caregivers.
- **Senior dining** – Healthy, appetizing meals served at senior centers. Opportunity for networking, visiting with friends, volunteering. Suggested donation: \$3.25.
- **Tax-aid** – Help with filing Wisconsin Homestead Tax and income tax returns.
- **Transportation** – Information about public transportation and volunteer drivers.

This resource directory contains information on many topics, products, and programs. It should be used as an overview and general guide. No endorsements or recommendations are made by the Aging and Disability Resource Center of Barron, Rusk, and Washburn Counties.

Call 715-537-6225 or visit our website www.adrcconnections.org

Abuse & Neglect

Report suspected abuse, neglect, or self-neglect of an older person or adult with a disability. Callers may choose to be anonymous. Adult Protective Services provides intervention for victims of physical abuse, financial abuse, neglect and self-neglect.

Barron County Department of Health & Human Services (715) 537-5691
Adult Protective Services
 330 E LaSalle Ave., 3rd Floor, Barron, WI 54812

Barron County Domestic Abuse Project (715) 537-6334
 Advocacy for survivors and victims of domestic abuse. After-hours: (888) 552-6642

Long Term Care Ombudsman (800) 815-0015
 For complaints, questions and/or concerns regarding the care and the rights of residents in nursing homes and group homes.

Time-Out Family Abuse Shelter, Inc. (715) 532-6976
 Crisis/support line and shelter for victims of domestic violence, sexual assault, and their families. (800) 924-0556
 P.O. Box 406
 Ladysmith, WI 54848

Wisconsin Division of Quality Assurance (800) 642-6552
 For reporting allegations of abuse or neglect by facility staff or home health care workers.

Advocacy/Community Organizations

AARP Wisconsin – (American Assoc. of Retired Persons) (866) 448-3611
 222 W Washington Ave. Suite 600
 Madison, WI 53703

AgrAbility of Wisconsin (608) 262-9336
 Services for individuals and families engaged in farming and TTY (800) 947-3529
 coping with a disability. Provided at your home or farm.

AIDS Resource Center of Wisconsin (800) 750-2437
 505 Dewey St S. Suite 107 Eau Claire, WI 54701

American Cancer Society (877) 423-9122
 2427 N Hillcrest Pkwy. Suite 7 Altoona, WI 54720

Call 715-537-6225 or visit our website www.adrconnections.org

- Arthritis Foundation** (800) 242-9945
1650 S 108th St. West Allis, WI 53214
- Autism Society of Wisconsin** (888) 428-8476
- Brain Injury Association of Wisconsin** (800) 882-9282
21100 W Capitol Dr. Suite 5 Pewaukee, WI 53072
- Coalition of Wisconsin Aging Groups** (800) 366-2990
2850 Dairy Dr. Suite 100 Madison, WI 53718 TTY (888) 758-6047
- Disability Rights Wisconsin** (715) 736-1232
217 W Knapp St. Rice Lake, WI 54868 (877) 338-3724
TTY (888) 758-6049
- Down Syndrome Association of Wisconsin** (866) 327-3729
9401 W Beloit Rd. Suite 311 Milwaukee, WI 53227
- Epilepsy Foundation of Western Wisconsin** (800) 924-2105
1812 Brackett Ave. Suite 5 Eau Claire, WI 54701
- Family Care & IRIS Ombudsman** (715) 736-1232
For complaints, questions and/or concerns regarding the care (877) 338-3724
and the rights of people (ages 18-60) receiving Family Care or IRIS.
- Long Term Care Ombudsman/ Family Care & IRIS** (800) 815-0015
For complaints, questions and/or concerns regarding the care and the rights of residents in
nursing homes, group homes, and people over age 60 receiving Family Care.
- NAMI of Barron County (National Alliance on Mental Illness)**
P.O. Box 477 Rice Lake, WI 54868 (715) 736-0089
- Pink Ribbon Advocacy, Inc.** (715) 537-1400
Financial assistance to breast cancer patients.
2071 9 ½ St. Cumberland, WI 54829
- The Arc Eau Claire (developmental disabilities)** (877) 272-8400
2800 Royal Ave. Suite 209 Madison, WI 53713
- United Cerebral Palsy West Central Wisconsin, Inc.** (888) 845-5775
206 Water St. Eau Claire, WI 54703
- Wisconsin Board for People with Developmental Disabilities**
201 W Washington Ave. Suite 110 Madison, WI 53703 (888) 332-1677

Wisconsin Family Ties

(800) 422-7145

For children and adolescents who have emotional, behavioral, or mental disabilities.

16 N Carroll St. Madison, WI 53703

Alzheimer's Disease, Dementia & Memory Loss

Local:

- **Alzheimer's Information and Support** (715) 537-6225
ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812
- **Alzheimer's Caregiver Support Group** (715) 537-6225
Meets 2nd Tuesday of the month at Bethany Lutheran Church in Rice Lake.
- **DAYBREAK** (715) 537-6225
A group activity and respite care program for early to mid-stage Alzheimer's Disease or related memory disorders. The DAYBREAK program is available in Barron and Rice Lake.
ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812
- **Project Lifesaver – Barron County** (715) 537-6595
Through Sheriff's Department to safeguard and locate individuals who may wander.

Alzheimer's Association of Greater Wisconsin (715) 635-6601
522 Service Rd. Suite 5 Spooner, WI 54801 24 hr helpline (800) 272-3900

Dementia Care Living Facilities (See Assisted Living)

MedicAlert & Safe Return (888) 572-8566
Emergency response service for wandering and medical emergencies.

Memory Clinics:

For the evaluation of memory problems

- **Clinics affiliated with WI Alzheimer's Institute** (715) 635-6601
- **Family Medicine Clinic** (715) 839-5175
617 W Clairemont Ave. Eau Claire, WI 54701

Call 715-537-6225 or visit our website www.adrconnections.org

- **Gunderson Memory Disorders Clinic** (608) 782-7300
1900 S Ave. LaCrosse, WI 54601 (800) 362-9567
- **Marshfield Clinic** (866) 333-1996
Memory Clinics in Rice Lake, Chippewa Falls, and Eau Claire.
- **Mayo Alzheimer's Disease Center** (507) 284-2511
200 First St. SW Rochester, MN 55905

Assisted Living

Adult Family Homes (715) 537-6225
Supervision, room and board provided. Private & semi private rooms. Homes have 2 to 4 residents. Licensed or certified. Call the ADRC for more information.

Assisted Living:

Individual apartments that provide additional services such as housekeeping, medication monitoring, dining options, and call buttons.

- **Brentwood Senior Communities** (715) 736-7400
633 Cameron Rd. Rice Lake, WI 54868
- **Maplecroft Retirement Community** (715) 537-9200
1333 E Memorial Dr. Barron, WI 54812
- **Monroe Manor** (715) 537-5700
508 E Monroe Ave. Barron, WI 54812
- **Thomas Landing** (715) 736-6060
950 Bear Paw Ave. Rice Lake, WI 54868

Community Based Residential Facilities (CBRFs):

24-hour supervision, meals, medication monitoring, personal care, semi-private, private rooms or apartments. Facilities generally have 5-25 residents. State licensed.

- **Aurora Residential Alternatives, Inc.** (715) 635-3780
Serves people with disabilities, locations throughout Barron & Washburn Counties.
- **Care Partners** (715) 234-7719
1627 Kern Ave. Rice Lake, WI 54868
- **Country Terrace** (715) 234-2012
1631 Kern Ave. Rice Lake, WI 54868

Call 715-537-6225 or visit our website www.adrcconnections.org

- **Just Like Home** (715) 924-3632
1117 W Stout St. Chetek, WI 54728
- **Monroe Manor** (715) 537-5700
508 E Monroe Ave. Barron, WI 54812
- **New Beginnings of Barron County** (715) 736-1311
Serves people with mental illness.
4 Cornell Rice Lake, WI 54868
- **Our House** (715) 236-7211
415 E South St. Rice Lake, WI 54868
- **River's Edge** (715) 924-2964
251 Woodard St. Chetek, WI 54728

Memory Care Facilities:

Adult Family Homes, Community Based Residential Facilities, and Nursing Homes that specialize in caring for people with Alzheimer's or other dementia.

- **Bird Street Memory Care** (715) 790-4727
26 Bird St. Chetek, WI 54728
- **Colfax Health & Rehab Center** (715) 962-3186
1011 University Ave. Colfax, WI 54730
- **Dallas Care & Rehab Center** (715) 837-1222
104 E Dallas St. Dallas, WI 54733
- **Golden Age Manor** (715) 268-7107
220 Scholl Ct. Amery, WI 54001
- **Heritage Manor** (715) 234-2161
19 W Newton St. Rice Lake, WI 54868
- **Knapp Haven Nursing Home** (715) 924-4891
725 Knapp St. Chetek, WI 54728
- **Monroe Manor** (715) 537-5700
508 E Monroe Ave. Barron, WI 54812
- **Our House Memory Care** (715) 736-0347
413 E South St. Rice Lake, WI 54868

- **Thomas Landing Memory Care**
950 Bear Paw Ave. Rice Lake, WI 54868

(715) 736-6060

Nursing Homes (see Nursing Homes)

Benefits Specialists

Help for older adults and people with disabilities to solve problems with Social Security, Medicare, Medicaid and other benefit programs.

Aging & Disability Resource Center
330 E LaSalle Ave. Room 100
Barron, WI 54812

(715) 537-6225
(888) 538-3031
V/TTY (715) 537-3323

Caregivers/Respite

(Also see Home Care, Assisted Living, and Nursing Homes for agencies that may provide weekend or short-term care.)

DAYBREAK

(715) 537-6225

A group activity and respite care program for early to mid-stage Alzheimer's Disease or related memory disorders. The DAYBREAK program is available in Barron and Rice Lake.

ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812

Family Caregiver Support Services

(715) 537-6225

Provides support services to families who provide care to persons age 60 or older and to grandparents or older relatives with minor children living in their home.

ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812

Center for Independent Living

Provides information and referral, peer support, independent living skills training and advocacy services for people with disabilities. ADA consultation, adaptive equipment and home modifications, financial and medical benefits consultation, housing and transportation information.

Center for Independent Living Western Wisconsin
312 W Knapp St. Suite 1 Rice Lake, WI 54868

(715) 736-1800
(866) 419-1260

Call 715-537-6225 or visit our website www.adrconnections.org

WisLoan

(715) 736-1800

Low-interest loan for adaptive equipment.

(866) 419-1260

Center for Independent Living

312 W Knapp St. Suite 1 Rice Lake, WI 54868

Consumer Protection/Fraud

Barron County Sheriff's Department

(715) 537-3106

For complaints about identity theft and fraud.

Justice Center 1420 State Hwy 25 N Barron, WI 54812**Better Business Bureau of WI, Inc.**

(800) 273-1002

10101 W Greenfield Ave. Milwaukee, WI 53201

Department of Agriculture, Trade & Consumer Protection (800) 422-7128

P.O. Box 8911 Madison, WI 53708

TTY (608) 224-5058

Office of the Commissioner of Insurance

(800) 236-8517

For complaints about insurance.

P.O. Box 7873 Madison, WI 53707-7873

Wisconsin Do Not Call List

(866) 966-2255

Deaf & Hard of Hearing

Center for Independent Living Western Wisconsin

(715) 736-1800

312 W Knapp St. Suite 1 Rice Lake, WI 54868

(866) 419-1260

Office for the Deaf and Hard of Hearing

(715) 836-2107

610 Gibson St. Suite 1 Eau Claire, WI 54701

TTY (888) 701-1254

Telecommunication Equipment Purchase Program (TEPP)

Helps persons who are deaf, hard of hearing, speech impaired, deaf with low vision, or deaf/blind purchase telecommunication equipment.

Contact for an application:

Wisconsin Public Service Commission

(608) 231-3305

P.O. Box 7854

TTY (800) 251-8345

Madison, WI 53707

Call 715-537-6225 or visit our website www.adrconnections.org

Wisconsin Telecommunications Relay Systems

Allows a text telephone to be used by someone who may be deaf, hard of hearing or speech impaired to call or be called by virtually anyone using a voice telephone. Calls may be placed 24 hours a day, 7 days a week. All calls are confidential.

Voice	711 or (800) 947-6644
TTY	711 or (800) 947-3529
ASCII	711 or (800) 272-1773
Speech to Speech	711 or (800) 833-7637
Spanish only	711 or (800) 833-7813

EMERGENCY NEEDS – Housing, Gas, Food

(Also see Food & Nutrition Programs, Housing)

911 – Police, Sheriff, Fire and Rescue emergencies, call 911.

American Red Cross Western Wisconsin Chapter (715) 234-4888
 101 N Wilson Ave. Rice Lake, WI 54868 After hrs. emergency (800) 261-4182

Association of Churches for Emergency Outreach (715) 434-2236
 Serves Rice Lake area only. Leave message on pager.

Benjamin House (715) 736-2437
 Homeless shelter serving individuals and families.
 1107 Heart Island Pkwy. Rice Lake, WI 54868

Harvest of Hope Fund (608) 836-4633
 Emergency needs for food, home heating fuel, medical expenses, re-training, and other immediate situations for farm families.
 7118 Old Sauk Rd. Madison, WI 53717

Rice Lake Guest House (715) 234-4811
 Short-term emergency housing.
 1113 Heart Island Pkwy. Rice Lake, WI 54868

Rural Housing, Inc. (888) 400-5974
 Critical housing assistance.
 4506 Regent St. Madison, WI 53705

Salvation Army (715) 537-5691
 Emergency funds through:
Barron County Department of Health & Human Services
 330 E LaSalle Ave., 3rd Floor, Barron, WI 54812

St. Vincent de Paul (715) 736-1601
Emergency funds available; leave message and call will be returned within 24 hrs.

West CAP (715) 265-4271
P.O. Box 308 Glenwood City, WI 54013 (800) 606-9227

Employment

Job training, counseling and employment opportunities for older adults, veterans, and people with disabilities.

Barron County Developmental Disabilities Services (715) 537-5341
Vocational Day Program.
175 Lake St. Barron, WI 54812

Barron County Job Center (715) 234-6826
Provides assistance for employers and individuals seeking employment.
331 S Main St. Rice Lake, WI 54868

Programs located at the Barron County Job Center:

- **Disability Navigator** (715) 858-9671
Helps people with disabilities “navigate” through the challenges of seeking employment. Office hours at Barron County Job Center.
- **Division of Vocational Rehabilitation (DVR)** (715) 234-6806
Provides employment services and counseling to people with disabilities.
- **Senior Citizens Employment and Training, Inc.** (715) 839-5058
Office hours at Barron County Job Center. (888) 772-4337
- **Veterans Assistance** (715) 234-6826
Office hours at Barron County Job Center.
- **Workforce Resource Inc.** (715) 234-6302
Serves unemployed, underemployed and refugees. (715) 234-6826
Somali (715) 537-3404

Stout Vocational Rehabilitation Institute (715) 232-2513
Private pay vocational evaluation & training.
101 Vocational Rehabilitation Menomonie, WI 54751

Venture's Unlimited

(715) 736-6959

Vocational Day Program. Locations in Rice Lake & Shell Lake.
413 S Main St. Rice Lake, WI 54868

Energy/Utility Assistance

Energy Assistance Program

(715) 537-5691

Provides financial assistance with heating bills for income-eligible households.

Barron County Department of Health and Human Services

330 E LaSalle Ave., 3rd floor, Barron, WI 54812

Lifeline & Link-Up Program

To apply, contact your local telephone company and say you want to apply for the Lifeline & Link-up programs for Wisconsin. Lifeline & Link-up are programs designed to help low-income people or people on a fixed income, reduce their phone or cell phone bill and assist with telephone service connection and installation. Eligible customers must be in a household that receives benefits from: W2, Medicaid, Supplemental Security Income (SSI), etc. This program does not assist with past-due bills.

SafeLink Wireless

(800) 977-3768

Free cellular service and cell phone through Lifeline for low-income persons.

USDA Rural Development

(715) 635-8228

Provides low-interest loans for home weatherization.

800 N Front St. Room 102 Spooner, WI 54801

West Central Wisconsin Community Action Agency, Inc. (West CAP)

Provides non-emergency, furnace replacement, furnace tuning,
cleaning and weather stripping for low-income persons.

(800) 606-9227

P.O. Box 308 Glenwood City, WI 54013

Family Care

Services are provided to give people an alternative to nursing home care. Eligibility is based on functional ability as well as income and assets.

Aging & Disability Resource Center, Barron County

(715) 537-6225

330 E LaSalle Ave. Room 100 Barron, WI 54868

(888) 538-3031

Call 715-537-6225 or visit our website www.adrconnections.org

Food & Nutrition Programs

Meals On Wheels (715) 537-6225
 ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812

Food Stamps (715) 537-5691
 A Federal program that provides monthly benefits to help low-income households buy food.

Barron County Department of Health and Human Services
 330 E LaSalle Ave., 3rd floor, Barron, WI 54812

Food Pantries & Meals:

- **Cameron Food Pantry**
 300 N 1st St. Cameron, WI 54822
 Tuesday, 9:00 a.m.-11:00 a.m. Thursday, 1:00 p.m.-3:00 p.m.
- **Chetek Food Bank**
 1600 Parker Dr. Chetek, WI 54728
 Tuesday & Thursday, 10:00 a.m.-1:00 p.m.
- **Community Connections Lunch Box Program** (715) 234-2828
 35 W Messenger St. Rice Lake, WI 54868
 Lunch served Tuesday, Noon-1:00 p.m.
- **Cumberland Food Pantry** (715) 822-4450
 1356 2nd Ave. Cumberland, WI 54829
 Friday, 1:00-3:00 p.m.
- **Good Samaritan Ministries** (715) 234-4230
 2058 15th Ave. Cameron, WI 54822
 On-call food pantry.
- **Cupboard & Closet** (715) 637-3499
 411 E LaSalle Ave. Barron, WI 54812
 Tuesday, 9:30a.m.-12:30 p.m. Thursday, 2:00 p.m.-4:45 p.m.
- **Hands of Help** (715) 234-7212
 20 W Messenger St. Rice Lake, WI 54868
 Meal served the last two Fridays of every month at 6:00 p.m.
- **Meal from the Heart** (715) 537-3575
 4 W LaSalle St. Barron, WI 54812
 Hot meal served 4th Thursday of the month at 5:30 p.m.

Call 715-537-6225 or visit our website www.adrconnections.org

- **Prairie Farm and Ridgeland Food Pantry** (715) 455-1140
 American Legion Building Prairie Farm, WI 54762
 Tuesday, 2:00 p.m.-4:00 p.m.
- **Ruby's Pantry** (715) 458-0121
 Cameron Diesel Repair, 2nd driveway south of Mix-Crete on Hwy SS
 Food distribution 3rd Saturday of every month, 9:00 a.m. -11:00 a.m.
 \$15 suggested donation
- **Ruby's Pantry** (715) 822-2830
 Cumberland Elementary School, 1530 2nd Ave.
 Food distribution 1st Saturday of every month, 8:00 a.m.
 \$15 suggested donation
- **Sister's Emergency Food Cupboard** (715) 434-4332
 1108 Heart Island Pkwy. Rice Lake, WI 54868
 Mon., Wed., & Thurs., 9:00 a.m. -5:00 p.m.
- **St. Vincent De Paul Food Pantry** (715) 234-2372
 40 S Main St. Rice Lake, WI 54868
 Tuesday & Thursday, Noon-2:00 p.m.
 Lunch served Mon., Wed., Thurs., & Fri. at Noon.
- **Turtle Lake Food Pantry** (715) 986-2241
 114 Martin Ave. East Turtle Lake, WI 54889
 Thursday, 1:00 p.m.-3:00 p.m.
- **We Share Food Pantry** (715) 236-9188
 12 Newton St. Rice Lake, WI 54868
 Tuesday, 10:30 a.m.-Noon Thursday, 1:00 p.m.-2:30 p.m.

Grocery Shopping Assistance (check with local grocer for delivery service and local Senior Center for bus service)

Harvest of Hope Fund (608) 836-4633
 Emergency needs for food, home heating fuel, medical expenses, re-training, and other immediate situations for farm families.
 7118 Old Sauk Rd. Madison, WI 53717

Liquid Nutritional Supplements (715) 537-6225
 ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812

Nutrition Support Groups (See Support Groups)

SHARE Program

(800) 548-2124

A co-op food purchasing program. Monthly food packages of 15-18 items for \$15 a month and 2 hours of community service.

Health Insurance Programs

Medical Assistance (Medicaid)

(715) 537-5691

Barron County Department of Health and Human Services

330 E LaSalle Ave., 3rd Floor, Barron, WI 54812

Medicaid & SSI Recipient Service Hotline

(800) 362-3002

Answers questions for those receiving Medicaid including coverage, billing and prior authorization. Also provides referrals to dentist/dental services who accept Medicaid.

Medicare & Medicare Part D:

▪ **Aging & Disability Resource Center, Barron County** (715) 537-6225

▪ **Disability Drug Benefit Helpline** (800) 926-4862

▪ **Medicare Part D Information Line** (866) 456-8211

Insurance Benefit Problems

(715) 537-6225

Benefits Specialists Programs

ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812

SeniorCare

(800) 657-2038

A prescription program for Wisconsin residents age 65 or older.

(715) 537-6225

There are three levels of program participation, which is dependent on income.

Partnership for Prescription Assistance

(888) 477-2669

Low cost or free prescriptions.

ABC for Health Inc.

(715) 485-8525

Free health benefits counseling for low-income families and rural families.

100 Polk County Plaza Ste 180 Balsam Lake, WI 54810

Health Insurance Risk Sharing Plan (HIRSP)

(800) 828-4777

Offers health insurance to Wisconsin residents who, due to their medical conditions, are unable to find adequate health insurance coverage in the private market.

6406 Bridge Rd., Suite 18 Madison, WI 53784

Medicare Fraud:

- **Aging & Disability Resource Center, Barron County** (715) 537-6225
- **Coalition of Wisconsin Aging Groups** (800) 366-2990
- **Medicare Information Line** (800) 633-4227

Medigap Insurance Policies (800) 242-1060
Information on supplemental insurance policies and health insurance questions.

Office of the Commissioner of Insurance for Wisconsin (800) 236-8517
Regulates and enforces insurance laws, agent licensing and investigates complaints.
P.O. Box 7873 Madison, WI 53707-7873

Social Security Administration (715) 234-7586
1703 W Knapp St. Rice Lake, WI 54868 (800) 772-1213

Health & Wellness Programs

Barron County Department of Health & Human Services (715) 537-6580
Public Health Office
330 E LaSalle Ave., 3rd Floor, Barron, WI 54812

Rice Lake Area Free Clinic (715) 736-3733
Medical Arts Bldg.
1035 N Main St. Rice Lake, WI 54868
2nd & 4th Tuesday of the every month, 5:00-9:00 pm

Classes:

- **Balance & Beyond Exercise Classes** (715) 236-6207
Spring & Fall classes held at Brentwood Senior Communities in Rice Lake.
- **Lifestyle Coaching Classes** (715) 822-6137
Healthier Cumberland Coalition
- **Living Well with Chronic Conditions Workshop** (715) 537-6225
ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812
- **Stepping On Falls Prevention Workshop** (715) 537-6225
ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812

Call 715-537-6225 or visit our website www.adrconnections.org

Fancy Feet Foot Care (715) 837-1704
Toe nail clipping at your home or local Senior Centers.

Medication Management:

- **Medi-set Service** (715) 924-3592
Weekly medication set up through Ohde Pharmacy. \$15/mo. fee.
Delivery to homebound in Chetek.
628 2nd St. Chetek, WI 54728
- **RXMedMinders Telephone Reassurance Calls** (608) 963-1334
1 to 3 call reminders to take medications per day.

The Wisconsin Tobacco Quit Line (877) 270-7867
Free information on quitting smoking, one-on-one telephone counseling, and referrals to local programs.

Wisconsin Well Woman Program (715) 537-6580
Pays for Mammograms and other screenings for women age 45-64.
Barron County Public Health Office
330 E LaSalle Ave., 3rd Floor, Barron, WI 54812

Local Senior Centers may offer a variety of fitness and exercise programs.

Home Care

Licensed Home Health Agencies:

Licensed home health agencies offer in-home skilled nursing, therapy services and personal care.

- **Hearts of Gold** (715) 468-2931
Serves Cumberland area. 38 5th Ave. Shell Lake, WI 54871
- **Indianhead Home Health/Home Services** (715) 537-3866
31 S 3rd St. Barron, WI 54812
- **Indianhead Medical Center Home Health** (715) 468-7833
Serves Cumberland area. 113 4th Ave. Shell Lake, WI 54871
- **Lakeview Home Care** (715) 268-1381
Serves Turtle Lake area. 225 Scholl Ct. Amery, WI 54001 (800) 732-1422

Call 715-537-6225 or visit our website www.adrconnections.org

- **Lakeview Medical Center Home Care** (715) 236-6256
100 N. Main St. Rice Lake, WI 54868
- **LIFENET Home Health Services, LLC** (800) 506-5433
1280 W Clairemont Ave. Ste. 5 Eau Claire, WI 54701
- **Northwest Wisconsin HomeCare** (715) 458-0803
1443 E Division Ave. Barron, WI 54812

In-home help:

Non-medical services such as bathing, homemaking, chores, transportation, meal preparation, respite care, companionship, errands. There is no licensure or regulation for in-home help agencies.

- **Chores & Care File (private pay)** (715) 537-6225
ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812
- **GEMINI Cares, Inc.** (715) 458-0150
505 Main St. Ste. A Cameron, WI 54822 (866) 770-1692
- **Indianhead Home Health/Home Services** (715) 537-3866
31 S 3rd St. Barron, WI 54812
- **LIFENET Supportive Services, LLC** (800) 506-5433
1280 W Clairemont Ave. Ste. 5 Eau Claire, WI 54701
- **Northwest Wisconsin Supportive HomeCare** (715) 458-0803
1443 E Division Ave. Barron, WI 54812

Hospice:

Home health care and support services for the terminally ill and their families.

- **Lakeview Home Care & Hospice** (715) 268-1381
Serves Turtle Lake area. 225 Scholl Ct. Amery, WI 54001 (800) 732-1422
- **Lakeview Medical Center Hospice Care** (715) 236-6256
1100 N Main St. Rice Lake, WI 54868
- **Northwest Wisconsin HomeCare** (715) 458-0803
1443 E Division Ave. Barron, WI 54812

Housing – Assistance/Ownership

Help with escrow, taxes, purchase, and information.

Barron County Habitat for Humanity (715) 234-2460
P.O. Box 389 Rice Lake, WI 54868

Movin Out, Inc. (877) 861-6746
Member of household must have a permanent disability.
600 Williamson St. Madison, WI 53703

Property Tax Deferral Loan Program (800) 755-7835
Must be 65+. Applications may be obtained by contacting: TTY: (800) 943-9430
WHEDA
P.O. Box 1728 Madison, WI 53701-1728

Rural Housing, Inc. (888) 400-5974
Critical housing assistance.
4506 Regent St. Madison, WI 53705

Senior Tax Exchange Program Rice Lake (715) 234-8375
Local property tax credit in exchange for volunteering Barron (715) 537-5612
with students.

USDA Rural Development (715) 635-8228
800 N Front St. Room 102 Spooner, WI 54801

West CAP (715) 265-4271
P.O. Box 308 Glenwood City, WI 54013 (800) 606-9227

Housing – Renting

Senior Apartments:

- **Brentwood Senior Communities** (715) 736-7400
633 Cameron Rd. Rice Lake, WI 54868
- **Care Properties** (715) 234-7719
1635 Kern Ave. Rice Lake, WI 54868
- **Lakewood Regency Apartments** (715) 822-2741
1110 7th Ave. Cumberland, WI 54829

Call 715-537-6225 or visit our website www.adrconnections.org

- **Maplecroft Retirement Community** (715) 537-9200
1333 E Memorial Dr. Barron, WI 54812
- **Monroe Manor** (715) 537-5700
508 E Monroe Ave. Barron, WI 54812
- **Pelican Place Apartments** (715) 924-4891
708 Tainter St. Chetek, WI 54728
- **Thomas Landing** (715) 736-6060
950 Bear Paw Ave. Rice Lake, WI 54868

Subsidized Apartments:

Federally subsidized apartments for seniors, age 62+ and/or adults with disabilities who are capable of living independently.

- **Barron County Housing Authority** (715) 537-5989
611 Woodland Ave. Barron, WI 54812
Berger-Woodland Manor, Barron
Lakeland Manor, Turtle Lake
Norvin-Chateau, Haugen
Portland Manor, Almena
Parkeview Manor, Dallas
Riverview Manor, Prairie Farm
- **Catholic Charities Bureau Housing Management** (715) 925-2015
707 Tainter St. Chetek, WI 54728
Evergreen Apartments, Chetek serves seniors.
- **Catholic Charities Bureau Housing Management** (715) 236-2366
Blue Valley Apartments, Rice Lake serves people with chronic mental illness.
Phoenix Villa, Rice Lake serves people with chronic mental illness.
- **Chetek Housing Authority** (715) 924-3300
801 W Stout St. Chetek, WI 54728
Lone Oak Apartments, Chetek
- **Cumberland Housing Authority** (715) 822-2005
1295 6th Ave. Cumberland, WI 54829
Island City Apartments, Cumberland
Lakeview Apartments, Cumberland
- **Housing Authority City of Barron** (715) 537-5533
123 E Franklin Ave. Barron, WI 54812
Parklawn Apartments, Barron

Call 715-537-6225 or visit our website www.adrconnections.org

- **Impact Seven** (715) 357-3334
147 Lake Almena Dr. Almena, WI 54805
Joseph Vinopal Villa, Almena
BARC Lane, Chetek serves developmentally disabled
Pioneer Housing & Scott Terrace, Prairie Farm
James Bank Manor, Cameron

- **Landmark Company** (800) 924-3256
Locations throughout Barron County.

- **Rice Lake Housing Authority** (715) 234-3721
132 W Marshall St. Rice Lake, WI 54868
Marshall Towers - 132 W Marshall St.
Red Cedar Village - 23 E Eau Claire St.
Water's Edge - 231 Reuter Ave.
Riverside Arms - 423 Hatten Ave.

- **Turtle Lake Non-profit Housing** (715) 986-2504
1658 ¼ St. Turtle Lake, WI 54889
Lakeland Manor, Turtle Lake

- **Sunrise Meadow II (Barron)** (800) 606-9227 x 336
Handicap accessible.

- **Woodland Village Apartments** (715) 234-1590
1300 N Wisconsin Ave. Rice Lake, WI 54868

Subsidized Rent Vouchers:

- **Barron County Housing Authority** (715) 537-5344

- **Rice Lake Housing Authority** (715) 234-5221

Housing – Repairs/ Modifications/Weatherization

- Center for Independent Living** (715) 736-1800
Options for home accessibility.
312 W Knapp St. Suite 1 Rice Lake, WI 54868

- Interfaith Volunteer Services of Barron County** (715) 236-2184
Volunteers to help build ramps and install grab bars.

Movin Out, Inc. (877) 861-6746
 Member of household must have a permanent disability.
 600 Williamson St. Madison, WI 53703

Rural Housing, Inc. (888) 400-5974
 Critical housing assistance.
 4506 Regent St. Madison, WI 53705

Tomorrow's Home Foundation (608) 255-3131
 Manufactured/mobile homes.
 301 N Broom St. Suite 101 Madison, WI 53703

USDA Rural Development (715) 635-8228
 800 N Front St. Room 102 Spooner, WI 54801

West CAP (715) 265-4271
 P.O. Box 308 Glenwood City, WI 54013 (800) 606-9227

WisLoan (715) 736-1800
 Adaptive equipment. (866) 419-1260
Center for Independent Living
 312 W Knapp St. Suite 1 Rice Lake, WI 54868

Local telephone and utility companies

Local city/village governments "Block Grants"

Legal/Benefits Assistance

Benefits Specialists (715) 537-6225
 Assistance with Social Security, Medicare, Medicaid, and other benefit programs. For
 people over 60 and adults with disabilities.
ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812

Disability Rights Wisconsin (715) 736-1232
 217 W Knapp St. Rice Lake, WI 54868 (877) 338-3724
 TTY (888) 758-6049

Family Services of Barron County (715) 537-5886
 Corporate guardianship services.
 327 E LaSalle Ave. Barron, WI 54812

Helping Hands Family Services, Inc. Corporate guardianship services. P.O. Box 21 Hayward, WI 54843	(715) 462-9630
House Calls, Inc. Corporate guardianship and representative payee services. P.O. Box 361 Menomonie, WI 54751	(715) 232-6475
Payee Services, Inc. Corporate guardianship and representative payee services. P.O. Box 26 Menomonie, WI 54751	(715) 233-0203
Safekeeping Guardianship Inc. Corporate guardianship services. 103 E Miner Ave. Ladysmith, WI 54848	(715) 532-7136
Wisconsin Guardianship Support Center Coalition of Wisconsin Aging Groups	(800) 488-2596
Wisconsin Judicare, Inc. Legal services program for low-income persons. P.O. Box 6100 Wausau, WI 54402	(715) 842-1681 (800) 472-1638
Wisconsin State Bar Association Lawyer Referral & Information Services Does not provide referrals for pro-bono or reduced rates.	(608) 257-4666 (800) 362-9082

Low-Income Dental Providers

Rice Lake Dental Center 1501 W Stout St. Rice Lake, WI 54868	(715) 236-8900
Rural Health Dental Clinic 212 Maple St. Turtle Lake, WI 54889	(715) 986-2599
Affordable Dentures 4850 Keystone Crossing, Eau Claire, WI 54701	(715) 855-1020
Donated Dental Services Volunteer dentist in your area. P.O. Box 14173 West Allis, WI 53214-0173	(866) 812-9840

Medical Equipment

Wheelchairs, hospital beds, grab bars, medical supplies, etc. Local pharmacies may have additional medical supplies/equipment.

Apria Healthcare Inc. (715) 234-6961
2021 Kern Ave. Rice Lake, WI 54868

Loan Closet (715) 537-6225
Used medical equipment such as wheelchairs, walkers, etc. Donations are welcome.
ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812

Center for Independent Living Western Wisconsin (715) 736-1800
312 W Knapp St. Suite 1 Rice Lake, WI 54868 (866) 419-1260

Home Health Resources (866) 363-2028
127 Keller Ave. N Amery, WI 54001

Home Medical Products & Services (715) 234-5000
1590 McCauley Ave. Rice Lake, WI 54868 (800) 528-9969

Wheelchair Recycling Program (608) 243-1785
Low-cost & refurbished mobility and medical equipment.
2554 Advance Rd. Madison, WI 53718

Mental Health & Substance Abuse

Local Crisis Phone Number (888) 552-6642

Alcoholics Anonymous (715) 736-2746
Support groups around Barron County

Amery Regional's Behavioral Health Center (715) 268-0069
Specializing in mental health for seniors, inpatient/outpatient.
230 Deronda St. Amery, WI 54001

Barron County Department of Health & Human Services (715) 537-5691
Behavioral Health Services
330 E LaSalle Ave. Barron, WI 54812

NAMI (National Alliance for the Mentally Ill) (715) 736-0089
119 W Humbird St. Rice Lake, WI 54868

Call 715-537-6225 or visit our website www.adrconnections.org

- Narcotics Anonymous** (866) 668-3580
Support groups around Barron County.
- New Directions** (715) 234-3637
Drop-in center.
11 E Eau Claire St. Rice Lake, WI 54868
- Wisconsin Council on Problem Gambling** (800) 426-2535
1423 Kellogg St. Green Bay, WI 54303
- Wisconsin Sowing the Seeds of Hope Program** (800) 942-2474
Counseling assistance to farmers.
P.O. Box 8911 Madison, WI 53708
- Women's Way Program–Lutheran Social Services** (715) 537-6368
Provides free case management to women with addictions. (877) 564-3225
330 E LaSalle Ave. Barron, WI 54812
- Check your local phone book for counseling agencies.**

NURSING HOMES (Skilled Nursing Facilities)

For assistance in paying for nursing home care, information on area nursing homes, or home care options to nursing home placement contact:

- Aging & Disability Resource Center, Barron County** (715) 537-6225
330 E LaSalle Ave. Room 100 (888) 538-3031
Barron, WI 54812 V/TTY (715) 537-3323
- Luther Midelfort Northland Nursing Home** (715) 537-5322
1222 E Woodland Ave. Barron, WI 54812
- Barron Care & Rehab Center** (715) 537-5643
660 E Birch Ave. Barron, WI 54812
- Cumberland Memorial Hospital Extended Care** (715) 822-6113
1110 7th Ave. Cumberland, WI 54829
- Dallas Care & Rehab Center*** (715) 837-1222
104 E Dallas St. Dallas, WI 54733

Heritage Manor Skilled Nursing & Rehabilitation* (715) 234-2161
19 W Newton St. Rice Lake, WI 54868

Knapp Haven Nursing Home* (715) 924-4891
725 Knapp St. Chetek, WI 54728

Pioneer Nursing Home (715) 455-1178
530 River Ave. Prairie Farm, WI 54762

Rice Lake Convalescent Center (715) 234-9101
1016 Lakeshore Dr. Rice Lake, WI 54868

* **Have dementia units**

Personal Safety Systems

Personal Safety Systems allows individuals to call for assistance at the touch of a button. Call button can be worn as a pendant or wristband. Additional features may be available.

Local:

▪ **Alpine Medical Alert** (877) 546-2349
331 S Main St. Ste E Rice Lake, WI 54868

▪ **Cumberland Memorial Hospital-Lifeline** (715) 822-2741
1110 Seventh Ave. Cumberland, WI 54829

▪ **Lakeview Medical Center-Lifeline** (715) 236-6209
1100 N Main St. Rice Lake, WI 54868

▪ **Project Lifesaver – Barron County** (715) 537-6595
Through Sheriff's Department to safeguard and locate individuals who may wander.

Chippewa Valley Electric – CareCall (800) 300-6800
P.O. Box 575 Cornell, WI 54732

MedicAlert & Safe Return (888) 572-8566
Emergency response service for wandering and medical emergencies.

Representative Payee Services

House Calls, Inc. P.O. Box 361 Menomonie, WI 54751	(715) 232-6475
Payee Services, Inc. P.O. Box 26 Menomonie, WI 54751	(715) 233-0203
Seboe Services, Inc. P.O. Box 651 Rice Lake, WI 54868	(715) 434-1042

Senior Centers

Provide recreation activities for older adults, cards, crafts, dancing, trips, movies, exercise, delicious meals, etc.

Barron Senior Center 12 N 3 rd St. Barron, WI 54812	(715) 537-5726
Cameron Senior Center 512 Main St. Cameron, WI 54822	(715) 458-2765
Chetek Community Center 711 1 st St. Chetek, WI 54728	(715) 924-3121
Cumberland Senior Center 1255 Webb St. Cumberland, WI 54829	(715) 822-8794
Haugen Senior Center 108 3 rd St. Haugen, WI 54841	(715) 234-4630
Rice Lake Senior Center 12 W Humbird St. Rice Lake, WI 54868	(715) 234-7224

Senior Dining

Delicious and nutritious meals provided at senior centers and other community places.

- Almena Township Hall** (715) 357-6016
West Soo Ave. Almena, WI 54805
Tuesday & Thursday
- Barron Senior Center** (715) 537-5726
12 N 3rd St. Barron, WI 54812
Monday-Friday
- Cameron Senior Center** (715) 458-2765
512 Main St. Cameron, WI 54822
Tuesday, Wednesday, & Thursday. No reservations needed.
- Chetek Community Center** (715) 925-2600
711 1st St. Chetek, WI 54728
Monday-Friday. No reservations needed
- Cumberland Senior Center** (715) 822-8794
1255 Webb St. Cumberland, WI 54829
Monday-Friday
- Dallas Senior Center** (715) 837-1186
Dallas St. Dallas, WI 54733
Thursday
- Haugen Senior Center** (715) 234-4630
108 W 3rd St. Haugen, WI 54841
Tuesday & Friday
- Prairie Farm Riverview Manor** (715) 455-1177
126 Parker St. W Prairie Farm, WI 54762
Tuesday-Friday
- Rice Lake Senior Center** (715) 234-7227
12 W Humbird St. Rice Lake, WI 54868
Monday-Friday
- Turtle Lake Becker St. Apartments** (715) 986-2034
301 Becker St. Turtle Lake, WI 54889
Monday, Wednesday, & Friday

Senior Newspaper

The Senior Review – A free monthly publication for Barron County seniors and caregivers providing information on local service organizations and activities. Available on tape for visually impaired persons.

Contact:

ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812 (715) 537-6225

Social Security & SSI

For information about Social Security, Medicare or Supplemental Security Income (SSI), contact:

Social Security Administration (715) 234-7586
1703 W Knapp St. Rice Lake, WI 54868 (800) 772-1213

Support Groups

Alcoholics Anonymous (715) 736-2746
Support groups around Barron County

Alzheimer's Support Group (715) 537-6225
Aging & Disability Resource Center

Aphasia Communications Group (715) 236-6408
Lakeview Medical Center, Rice Lake

Breast Cancer Support Group (715) 537-1400
Pink Ribbon Advocacy, Inc. Rice Lake

Cancer Support Group (715) 236-8235
Marshfield Clinic, Rice Lake

Diabetes Information Group (715) 236-8251
Lakeview Medical Center, Rice Lake

Grandparents Re-enlisting Again (715) 651-3720
Rice Lake

Grief Support Group Lakeview Medical Center, Rice Lake	(715) 236-6256
NAMI (National Alliance for the Mentally Ill) 119 W Humbird St. Rice Lake, WI 54868	(715) 736-0089
Narcotics Anonymous Support groups around Barron County.	(866) 668-3580
Parkinson's Support Group Shell Lake	(715) 468-4334
Stroke Support Group Lakeview Medical Center, Rice Lake	(715) 236-6314
Traumatic Brain Injury Support Group Lakeview Medical Center	(715) 234-0079
Visually Impaired Support Group Rice Lake	(715) 537-6225
Women's Issues Support Group (Domestic Violence) Barron County Department of Health & Human Services	(715) 537-6334

Transportation Services

Medical – Non-Emergency Volunteer Drivers:

- **Barron County Dept. of Health & Human Services** (715) 537-5691
For persons on Medical Assistance.
330 E LaSalle Ave. Barron, WI 54812
- **Interfaith Volunteer Services of Barron County** (715) 236-2184
- **Veterans Service Office (to VA Hospital/Clinic)** (715) 537-6290
330 E LaSalle Ave. Rm. 103 Barron, WI 54812

Medical – Non-Emergency Lift Equipped Vans:

- **Handi-Lift** (715) 822-5077
1035 10th Ave. Cumberland, WI 54829

Call 715-537-6225 or visit our website www.adrconnections.org

- **Northwoods Transport** (715) 234-8499
205 Nottingham St. Rice Lake, WI 54868
- **Wrightway Medical Transport** (715) 859-6600
901 25 ¼ St. Chetek, WI 54728 (715) 642-1616

Local Transportation:

- **Namekagon Transit** (866) 295-9599
County-wide public transportation. Door-to-door service, reservations required.
- **Rice Lake City Cab** (715) 234-6305
30 E Eau Claire St. Rice Lake, WI 54868
- **Wisconsin Mobility Management** (866) 295-9599 option 3 or
Travel training & trip planning personal service. Free. (877) 577-8452

A&J Mobility (715) 833-9830
Automobile and van adaptations.
3405 Truax Ct. Eau Claire, WI 54703

Disabled Parking Permit (608) 266-3041
Wisconsin Motor Vehicle Dept.
P.O. Box 7306 Madison, WI 53707

Driver Safety Assessment Program (715) 236-6408
Lakeview Medical Center
1100 N Main St. Rice Lake, WI 54868

Jump Start Program (800) 606-9227
Vehicle purchase assistance for low-income persons through West CAP.
P.O. Box 308 Glenwood City, WI 54013

New Freedom Transportation (800) 228-3287
Vouchers for transportation for older adults and people with disabilities.

NWT Express (to Twin Cities for any reason) (877) 698-3977
15954 River's Edge Dr. Hayward, WI 54843

Rice Lake Shuttle Service (airport only) (715) 859-6228
1761 25th St. Rice Lake, WI 54868

The Master's Driving School

(715) 532-0327

Driver evaluation and training for people with disabilities.
W7366 Flambeau Point Rd. Ladysmith, WI 54848

See also Home Care for agencies who provide transportation.

Veterans Services

Veterans Service Office

(715) 537-6290

330 E LaSalle Ave. Room 103 Barron, WI 54812

Klein Hall (Veterans Assistance Program)

(715) 726-2541

2820 E Park Ave. Chippewa Falls, WI 54729

Rice Lake VA Medical Clinic

(715) 236-3355

2700A College Dr. Rice Lake, WI 54868

St. Croix Tribe Veterans Office

(715) 349-2195 ext. 252

3796 State Rd. 70 Hertel, WI 54845

Wisconsin Veteran's Home – Union Grove, Community-Based**Residential Facility**

(262) 878-5670

21425 D Spring St. Union Grove, WI 53182

Wisconsin Veteran's Home – King, Nursing Home

(715) 258-5586

N2665 County Rd. QQ King, WI 54946

Vision – Blind/Low Vision

Office for the Blind and Visually Impaired

(715) 392-7907

Free Directory Assistance Exemption Service
Free Home Visits from Rehabilitation Specialist
P.O. Box 7851 Madison, WI 53707

Library Books-By-Mail

(715) 231-5226

Large print & books by mail.
406 E Main Menomonie, WI 54751

(877) 469-7755

Call 715-537-6225 or visit our website www.adrconnections.org

Aging & Disability Resource Center, Barron County (715) 537-6225
 Senior Review on tape and large-print calendars.
 330 E LaSalle Ave. Room 100 Barron, WI 54812

Center for Independent Living Western Wisconsin (715) 736-1800
 312 W Knapp St. Suite 1 Rice Lake, WI 54868 (866) 419-1260

Hadley School for the Blind (800) 323-4238
 Distance learning courses.
 700 Elm St. Winnetka, IL 60093

Low Vision Evaluations:

Assess visual ability, please specify low vision evaluation appointment.

▪ **Chippewa Valley Eye Clinic** (715) 834-8471
 2715 Damon St. Eau Claire, WI 54701

▪ **Luther Midelfort Clinic** (715) 838-3937
 733 W Clairemont Ave. Eau Claire, WI 54702

▪ **Marshfield Clinic- Eau Claire Center** (715) 858-4770
 2116 Craig Rd. Eau Claire, WI 54701

Wisconsin Council of the Blind & Visually Impaired (608) 255-1166
 Free canes. Sharper Vision Store (608) 237-8100
 754 Williamson St. Madison, WI 53703

Wisconsin Talking Book & Brail Library
 813 W Wells St. Milwaukee, WI 53233 (800) 242-8822

Volunteer Opportunities

**Contact the Aging & Disability Resource Center for a complete list of
 volunteer opportunities.** (715) 537-6225

Volunteer Services of Barron County (715) 236-2184

Websites

Internet access is available at no cost at the local libraries. Classes on navigating the Internet are available at some libraries, senior centers, and Wisconsin Indianhead Technical College. If you do not have access to the Internet or require additional assistance accessing information off the Internet, please contact the Aging & Disability Resource Center and one of our Information & Assistance Specialists will assist you.

Alzheimer's Resources

Alzheimer's Association	www.alz.org
Alzheimer's Disease Education and Referral	www.nia.nih.gov/alzheimers
WI Adult Day Services Association	www.wadsa.org

Benefits

Medicare	www.medicare.gov
Social Security Administration	www.ssa.gov
Wisconsin ACCESS	www.access.wi.gov

Blind/ Low Vision

Office for the Blind and Visually Impaired	www.dhs.wisconsin.gov/blind
Lighthouse International	www.lighthouse.org
Wisconsin Council of the Blind	www.wcblind.org

Caregiver Resources

National Alliance for Caregiving	www.caregiving.org
National Center on Caregiving	www.caregiver.org
National Family Caregivers Association	www.nfcacares.org
Caregiver Stress	www.caregiverstress.com
Wisconsin Family Caregiver Support Program	www.wisconsin caregiver.org

Deaf & Hard of Hearing

Office for Deaf and Hard of Hearing	www.dhs.wisconsin.gov/sensory
Wisconsin Association of the Deaf	www.wi-deaf.org

Employment

Department of Workforce Development	www.dwd.state.wi.us
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Government

Wisconsin Official State Government Site	www.wisconsin.gov
Legislative Hotline	www.legis.state.wi.us

Health Information

Medline Plus

www.medlineplus.gov

NIH Senior Health

www.nihseniorhealth.gov

Rare Diseases

www.rarediseases.org

Webmd

www.webmd.com**Organizations**

AARP

www.aarp.org

Administration on Aging

www.aoa.dhhs.gov

Coalition of Wisconsin Aging Groups

www.cwag.org

Insurance Commissioner

www.oci.wi.gov

Greater Wisconsin Area Agency on Aging Resources

www.gwaar.org

WI Dept. of Health Services-Aging Services

www.dhs.wisconsin.gov/aging

WI Dept. of Health Services-Disability Services

www.dhs.wisconsin.gov/disabilities